



## SUPPORTIVE TRANSITIONS

---

## TRANSICIONES DE APOYO



### **Introduction**

Activities that allow children to prepare for and to participate in the process of transitions help to decrease the stress of these challenging times of the day.

### **Introducción**

Las actividades que permiten a los niños a prepararse y participar en el proceso de transiciones, ayudando a reducir el estrés de estos tiempos difíciles del día.

E C C P

The background of the text area features several colorful, hand-drawn flowers in shades of red, yellow, and blue. At the bottom, the letters 'E C C P' are written in a light green, rounded font.